

CURRICULUM VITAE

RITU SAGGAR

Name _____ Date ____/ __/2023_____

ONLINE Educator (Public Speaking and Personality Development Mentor)/Speaker and Subject Matter Expert (Cyber Psychology), Academic Writer- History (American, Modern European, Indian)/Social Science, Mentor (Verbal Ability)-IPMAT (IIM Indore & Rohtak), Rashtriya Indian Military College (RIMC Dehradun), NDA (National Defence Academy), NAPLAN (Australian Curriculum)



Permanent Address

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Citizenship _Indian_____

Birth date __02__/_12____/_1974_____

Marital Status Married

EXPERIENCE (Vocational or Teaching)

INSTITUTION & LOCATION	INCLUSIVE DATES	DESCRIPTION OF POSITION/SUBJECTS
Confkid Personality Development	Jan'22- till date	Spoken English for developing effective communicational skills for public speaking and Personality development to enhance confidence to international students from USA and Australia Practice Mindfulness techniques with my students
Itutormind Online Educator (International students)	Dec'21- till date	Communicative English -Australian students (Prepare students for NAPLAN assessments-Grade 7-11)

<p>Competitive Entrance Exams preparation IPMAT + Rashtritya Indian Military College Dehradun</p>	<p>Jan'22- till date</p>	<p>Verbal Ability entrance exam preparation as per the syllabus of IIM Indore and Rohtak and RIMC</p>
<p>Worksera Online Educator</p>	<p>March'21- till date</p>	<p>Communicative English- Grade 7-12 -CBSE BOARD + IB curriculum (6-12) + preparation for MAT</p> <p>History (Grade 11 & 12) , Psychology (Grade 11 & 12), Political Science (Grade 11 & 12), Sociology- (Grade 11 & 12) CBSE BOARD</p> <p>Students enrolled are from prestigious schools like Pathways Gurgaon, DPS RKPuram, Army Public Schools, Loreto Convent & Mt. St. Mary's Delhi Cantt.</p>
<p>Acadecraft Publications</p>	<p>Oct'21- till date</p>	<p>Subject Matter Expert on American History/American Government</p> <p>Specialize in American/ Indian/ Modern Europe History.</p> <p>Academic Writer and working on the book for secondary and senior schools-US Florida Curriculum.</p>

<p>ISAC (Information Sharing and Analysis centre) An organization working with Government of India-National Security Database (NSD) and in collaboration with the Ministry of Education on National Cyber Security awareness</p>	<p>Oct'21- till date</p>	<p>Instructor - “Cyber Psychology” for ICCP and CCIO program as Faculty and take/n webinars with reputed organizations like GMR-International Airport Authorities, Rashtriya Raksha University (Gujarat) Eastern Air Command (Indian Air Force), Shillong . Bishop Cotton College, Bangalore, etc.</p> <p>Certified as a first respondent- CCIO (Cyber Crime Intervention Officer) and ICCP (Isac certification on Cyber Psychology)</p>
<p>Safetytroop</p>	<p>Aug'22-till date</p>	<p>Cyber Psychology Consultant Member of Advisory Committee (Train teachers and counsel parents on impacts of cyber space-physically, socially and psychologically)</p>
<p>Delhi Public School Gurgaon Palam Vihar</p>	<p>10 July'2019-21 Oct'21</p>	<p>Secondary School Educator- Social Science</p> <p>Coordinator- Curriculum development program 2020</p> <p>Curriculum Developer- History and Social Science</p>

<p>Pathways School Gurgaon- IB curriculum (CIS and NEASC accredited)</p>	<p>9th April 2018- 31 May'2019</p>	<p>MYP History- World History</p> <p>Awarded as a “Good Addition” and “Team Collaborator”</p> <p>Handled Exhibition on “Sustainable Development”</p> <p>Camp leader for Week without walls- Camp trip to Mashobara, Shimla</p> <p>Used Mindfulness techniques during my sessions</p>
<p>Meridian International School, Kvitnev, Kyiv, Ukraine- (accredited by European Council of International Schools, ECIS)- Cambridge curriculum.</p>	<p>May 2015 – June 2017</p>	<p>English, Environmental Science, Mathematics and Healthcare. (International class with the students from 10 different Nationalities).</p> <p>Practiced and Introduced mindfulness to the school.</p>
<p>Pecheresk School International, 7A Victora Zabily, Kiev, Ukraine (CIS accredited-American school with IB curriculum).</p>	<p>November 2014 - 2015</p>	<p>Secondary and Senior School- Humanities, Science and English</p> <p>Learnt Mindfulness techniques to begin the classes with the idea that they can concentrate and focus well while learning</p>
<p>Delhi Public School, Secunderabad, Andhra Pradesh, India</p>	<p>June 2012-April 2013</p>	<p>Social Science - Secondary School. Subjects included History, Geography and Governments and politics, Economics.</p> <p>Heritage Club Head</p>
<p>Delhi Public School Ghaziabad , Vasundhara, Uttar Pradesh, India</p>	<p>August 2010-April 2012</p>	<p>Social Science- Secondary School. Subjects included were History, Geography and Governments and Politics, Economics.</p> <p>Coordinator for Science, English and ICT Olympiads.</p> <p>Resource person- SPEC by CBSE Conducted workshop on SPEC to train teachers.</p>

Ankur, Prayas and Jagriti School- Tezpur, Assam, India	2009- 2010	Worked as the Principal .
Central School(Kendriya Vidyalaya) No-2, Tezpur, Assam, India	2008-2010	History- Senior school Social Science- Secondary school including History, Geography and Governments and Politics, Economics.
Air Force School. Jamnagar, Gujarat, India	2007-2008	Social Science teacher for Secondary School . Environmental Education- Senior School. Head- Co Curricular Activities - Senior School Organized various inter classes, intra school events- Secondary and Senior School
Holy Innocents' Higher Secondary School, Wellington	2005-2006	Social Science and English- Secondary School. House Head Western Dance Club Head Home Science Club head
Air Force School Tambaram, Tamil Nadu, India	2003-2004	Science.
Air Force School, Allahabad, India	1999	English and Science.

Delhi Public School, Mathura Road, Delhi, India	April 1997 -August 1998	Science and English
Dev Samaj Modern School, Delhi	1997	Home Science – Secondary and Senior school
St. Marks' Senior Secondary School, Delhi	1996	Home Science- Secondary and Senior school and Science teacher to Secondary school.

PROFESSIONAL TRAINING

NAME OF INSTITUTION	INCLUSIVE DATES	MAJOR SUBJECT	DEGREE & DATE
St. Anthony's Senior Secondary School, Delhi, India	Till 1992	Physics, Chemistry, Biology, Mathematics, English.	12th Grade Grade A
Lady Irwin College, Delhi	1995-96	Home Science- Child psychology, textile designing, food and nutrition, economics, sociology, hygiene and physiology, bio-chemistry.	Bachelor of Science. ,1996, Grade A

Lady Irwin college, Delhi, India	1996-97	Education, Educational psychology, Integrated Science and Home Science	Bachelor of Education, 1997, Grade A
Anamalai University, Tamil Nadu, India	2004-2006	History- American, European, Indian	Master of Arts(History), 2006, Grade B
Dibrugarh University, Assam, India	2013-2014	Educational- Psychology, Technology, Sociology, research, Philosophy, economics, Planning and management.	Master of Education., 2014, Grade A
Anamalai University, Tamil Nadu, India	2022	Advanced Psychology, Research Methodology, Social Psychology, Developmental psychology, Organizational counselling	M.Sc. Applied Psychology

HEALTH STATUS

Robust health
No chronic ailments
No physical disabilities

Additional Information:

I have approximately 25 years of teaching experience with a **number of well-reputed schools** in India and Ukraine. I am also fortunate that I have taught almost all the classes from **Middle to Senior School** in these years that provided me **ample exposure** to understand children of adolescent age. My **varied experience** in the field of education, **sincerity and commitment** towards my work and **communication skills** are my major **strengths**. As my spouse's job is transferable, I had got the opportunity to work with many schools in the last 25

years and that proved to be of great advantage as it makes me get easily **adapted to my new working environment.**

I had been actively involved in different co-curricular activities in the last 25 years like inside and outside the school sphere-

1. **School Head Coordinator for Olympiads, Model United Nations, Heritage Club, etc.**
2. Awarded with **Best AFWWA contributor in the Eastern Air Command** of the Air Force for my contribution as a **Supervisor, Inspector - The Air Force School, Tezpur, and Head of AFWWA venture** that promoted Education, where worked on preparing a framework for Curriculum for various grades. Also framed the **Curriculum** for school for **students from underprivileged families.**
3. President **AFFWA** (Air Force Women's Welfare Association) -**NGO in Dibrugarh, Assam** (Eastern Air Command) took care of **women's welfare** by arranging different **workshops** to bring awareness on their, health issues, and monetary issues. **Counselling** women to handle their family problems effectively. I was also involved with providing **Adult Education.**
4. Presently handling the job of an **NGO- President AFWWA, Guwahati, Assam (Eastern Air Command, Indian Air Force)** and directing my efforts towards the **empowerment of women in the Air Force Station, Guwahati** through arranging activities at Online and offline platforms and working to reduce their stress during this uncertain, unpredictable and challenging period of Cyber.
5. **Hobbies-** I enjoy **designing dresses and jewellery.** Exploring through **travelling** (Travelled to Ukraine, Namibia, Croatia, Germany, Italy, Cambodia, Thailand, Vietnam, and almost all the states of India).